

## Health Care Worker Talked Improving Health Before Pregnancy\*

2012 Maine Pregnancy Risk Assessment Monitoring System Survey Results

Demographic Groups		No		Yes	
	Population	%	CI	%	CI
<b>Total</b>	<b>12,692</b>	<b>77.9</b>	<b>74.1 - 81.3</b>	<b>22.1</b>	<b>18.7 - 25.9</b>
<b>Age</b>					
<20 years	799	89.2	73.8 - 96.1	0.0	0.0 - 0.0
20-24 years	2,971	88.9	82.0 - 93.4	11.1	6.6 - 18.0
25-34 years	7,233	74.0	68.6 - 78.8	26.0	21.2 - 31.4
35+ years	1,689	66.4	53.7 - 77.1	33.6	22.9 - 46.3
<b>Mother's Race</b>					
White	11,875	78.4	74.6 - 81.8	21.6	18.2 - 25.4
Black	414	58.8	27.4 - 84.4	#	# - #
Other	390	0.0	0.0 - 0.0	0.0	0.0 - 0.0
<b>Hispanic Origin</b>					
No	12,481^	77.9	74.1 - 81.4	22.1	18.7 - 25.9
Yes	202^	#	# - #	#	# - #
<b>Education</b>					
< High School	1,225	85.4	71.4 - 93.2	14.6	6.8 - 28.6
High School	4,005	86.1	80.0 - 90.6	13.9	9.4 - 20.0
> High School	7,396	71.8	66.4 - 76.6	28.2	23.4 - 33.6
<b>Marital Status</b>					
Married	7,403	68.9	63.3 - 73.9	31.1	26.1 - 36.7
Not Married	5,289	88.1	82.9 - 91.9	11.9	8.1 - 17.1
<b>Income</b>					
\$14,999 or less	3,749**	91.6	85.7 - 95.2	8.4	4.8 - 14.3
\$15,000-24,999	1,942**	81.7	71.4 - 88.9	18.3	11.1 - 28.6
\$25,000-49,999	2,395**	77.6	68.4 - 84.8	22.4	15.3 - 31.6
\$50,000 or more	3,583**	61.4	53.5 - 68.6	38.7	31.4 - 46.5



<b>Enrolled in WIC</b>							
<b>No</b>	6,668**	70.6	65.0	-	75.6	29.4	24.5 - 35.0
<b>Yes</b>	5,439**	87.8	82.6	-	91.6	12.2	8.4 - 17.4
<b>Enrolled in MaineCare/Medicaid</b>							
<b>No</b>	5,080**	64.9	58.4	-	70.9	35.1	29.1 - 41.6
<b>Yes</b>	7,170**	87.2	82.7	-	90.7	12.8	9.3 - 17.3
<b>Infant's birth weight</b>							
<b>&lt;2500 grams</b>	848	73.7	68.8	-	78.1	26.3	21.9 - 31.2
<b>2500 grams or more</b>	11,838	78.2	74.1	-	81.7	21.8	18.3 - 25.9

**NOTES:**

Population size for groups giving birth in Maine are taken from the Maine Vital Statistics System unless otherwise noted.

Unknowns are excluded from all tabulations.

\* *Survey Question 11: Before you got pregnant with your new baby, did a doctor, nurse, or other health care worker talk with you about how to improve your health before pregnancy?*

\*\* Estimates of the population size for this group giving birth in Maine are made through PRAMS.

^ Estimate of Hispanic population giving birth in Maine is taken from the 2012 birth file.

# There were fewer than 10 survey respondents to this question. Data may be unreliable for describing this group, therefore percent is not reported.

CI = 95% Confidence Interval

Maine Department of Health and Human Services  
Data, Research, and Vital Statistics